

2024

SPIRITUS CHRISTI  
MENTAL HEALTH CENTER  
PRESENTS



# RIVERWALK

10.20.2024 @ 11:00 AM



Spiritus Christi Mental Health Center has been providing mental health care, peer support and other wellness services free of charge to uninsured and underinsured youth and adults from Greater Rochester for 24 years. When people cannot access mental health care, problems often grow and life becomes hard to manage. Unemployment, debt, family violence, homelessness, physical illness, suicide and incarceration can often be prevented by timely care.

Mental healthcare is a human right and people need support now than ever!

Invite friends, family & co-workers to sponsor you. They can donate online, by cash or by check.

Join us for the walk and stay for the family crafts, music and luncheon!

Every \$100 raised gets one free raffle ticket!

Can't walk on October 20th with us? Choose your own date and route, collect donations from your sponsors, and help us from afar!

Go to [scmentalhealth.org](https://scmentalhealth.org) to register & learn more!



LEARN MORE AT [SCMENTALHEALTH.ORG/RIVERWALK](https://scmentalhealth.org/riverwalk)  
OR CALL (585) 325-1186  
REGISTER ONLINE AT [RUNSIGNUP/RIVERWALKSCMHC](https://scmentalhealth.org/runsignup/riverwalkscmhc)

